

# C-A School Lunch & Breakfast Menu



## Monday, October 21, 2024

BBQ / Bun  
Sweet Potato Fries  
Pears  
Lettuce  
Skim, 1% or Skim Choc. Milk

Cereal  
Toast  
Fruit  
Juice  
Skim, 1% or Skim Choc Milk

## Tuesday, October 22, 2024

Chicken Nuggets  
Tri Tator  
Carrots  
Mixed Fruit  
Bread  
Lettuce  
Skim, 1% or Skim Choc. Milk

Pancake on a Stick  
Fruit  
Juice  
Skim, 1% or Skim Choc Milk

## Wednesday, October 23, 2024

Homemade Meatballs/Gravy  
Mashed Potatoes  
Corn  
Peaches  
Bread  
Lettuce  
Skim, 1% or Skim Choc. Milk

Donut  
Fruit  
Juice  
Skim, 1% or Skim Choc Milk

## Thursday, October 24, 2024

Quesadilla  
Refried Beans  
Salsa – Sour Cream  
Green Beans  
Mandarin Oranges  
Lettuce  
Skim, 1% or Skim Choc. Milk

Cereal Bar  
Yogurt  
Fruit  
Juice  
Skim, 1% or Skim Choc Milk

## Friday, October 25, 2024

Hamburger / Bun  
Fries  
Fruit  
Lettuce  
Skim, 1% or Skim Choc. Milk

Bagel  
Fruit  
Juice  
Skim, 1% or Skim Choc Milk

*This institution is an Equal Opportunity Employer*